



# Sole Elliptical Trainer

Contact: Joan Carrone

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[https://la-ascension.countybuyselltrade.com/health-fitness/sole-elliptical-trainer\\_prairieville\\_52376](https://la-ascension.countybuyselltrade.com/health-fitness/sole-elliptical-trainer_prairieville_52376)

Address:

16361 Parker Place Drive, Parker Road Area, Prairieville

Price:

300.00 \$

Includes a 7.5" display console with a white back lit LCD display. Includes a built-in cooling fan and water bottle holder. The console also has built in speakers which allow you to hook up any MP3 player (iPod, etc.) for easy listening.

Fluid natural motion provided by a whisper quiet drive system. Functions in both forward and reverse motion. The combination of a heavy 25 lb. flywheel and a high gear ratio not found on comparable models means an extremely smooth feel with plenty of resistance at the top end for a machine that will provide a challenging workout. The E35 also has a power incline feature which offers additional resistance as well as variable positions for diversity in your workout at the touch of a button. The ramp angle is fully adjustable from 0 to 20 different incline levels, allowing you to individually target and work all major lower body muscle groups.

Upper body exercise provides a total body workout.

Stationary handle bars with built-in pulse sensors for monitoring your heart rate. A heart rate chest strap is also included for hands free pulse monitoring and heart rate interval programs.



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